

Henna Hand Print

This is a Hindu tradition - painting pretty designs onto the hands and feet at festivals and weddings and in some countries it is traditional to paint lovely henna "mehndi" designs on the hands for celebrations such as Eid.



You will need:

Paper or card
Brown coloured pen or black if you have no brown

Instructions:

Draw around your hand on the paper.

Decorate the hand shape with the pen - you can do a *Google image search* to get some inspiration! Older kids can really go to town with their designs.

Cut out the hand, date and mount.