

# Key Stage 1 - PSHCE Curriculum Overview 2019/20

	Year 1	Year 2
<b>Focus:</b>		
<b>Autumn 1</b>	<b>New beginnings</b>	<b>New beginnings</b>
<b>Concepts and skills taught:</b>	<ul style="list-style-type: none"> <li>To agree and follow classroom rules and understand why rules help them</li> <li>To know how to make others feel welcome at school</li> <li>To understand that they are part of a wider school community</li> </ul>	<ul style="list-style-type: none"> <li>Talk about the different communities they belong to</li> <li>Respect individual differences and similarities</li> <li>To understand that following rules makes the class a safe place for all.</li> <li>Set a simple goal for the year</li> </ul>
<b>Autumn 2</b>	<b>Getting on and falling out</b>	<b>Getting on and falling out</b>
<b>Concepts and skills taught:</b>	<ul style="list-style-type: none"> <li>To recognise and name my feelings</li> <li>Identify situations might make me worried or upset</li> <li>Strategies for staying calm</li> <li>Discuss what happens when I am kind/unkind to others</li> <li>Identify solutions difficult situations</li> </ul>	Know a range of words to express emotions Recognise when others are feeling emotional Strategies for resolving conflicts
<b>Spring 1</b>	<b>Good to be me</b>	<b>Good to be me</b>
<b>Concepts and skills taught:</b>	<ul style="list-style-type: none"> <li>-Identify talents and things I find difficult</li> <li>-Understand I have different talents to my friends</li> <li>- I can describe myself positively</li> <li>- I can talk about the groups and communities I belong to</li> <li>-Understand what it means to be proud</li> </ul>	Identify things they find challenging Self-improvement How needs change with age
<b>Spring 2</b>	<b>Animals and us</b>	<b>Animals and us</b>
<b>Concepts and skills taught:</b>	<ul style="list-style-type: none"> <li>-I understand my own needs (food, water, warmth etc)</li> <li>-I understand that animals have the same needs as us               <ul style="list-style-type: none"> <li>Ways to take care of animals</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>-Compare different needs of pets and wildlife</li> <li>-Roles of organisation e.g. RSPCA, in helping animals</li> <li>- Consequences of animal cruelty</li> </ul>
<b>Summer 1</b>	<b>People who help us</b>	<b>Family and relationships</b>
<b>Concepts and Skills taught:</b>	<ul style="list-style-type: none"> <li>I can identify people in my family who look after me</li> <li>I can identify other people who keep me safe and how they do this</li> <li>I know what to say to people who help me (Thank you)</li> <li>I know who I can ask for help if I need it (at school)</li> </ul>	<ul style="list-style-type: none"> <li>Identify different types of relationships</li> <li>Behaviours appropriate in families and at schools</li> <li>Differences between families</li> <li>Who to go to about issues within families/relationships</li> </ul>
<b>Summer 2</b>	<b>People who help us</b>	<b>Changes</b>
<b>Concepts and Skills taught:</b>	<ul style="list-style-type: none"> <li>I know who to go to for help in a range of situations</li> <li>I can identify some ways of helping myself and staying safe</li> <li>I know how to ask for help</li> </ul>	<ul style="list-style-type: none"> <li>How we change as we get older (baby, child, adult, elderly) and changing needs healthy/unhealthy food and impact on body and health</li> <li>Respect for others bodies</li> </ul>

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	<ul style="list-style-type: none"><li>• I know how to contact the police/ambulance/fire brigade if I need their help</li></ul>	
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